



November

FLASH SPORTS ISSUE



There's nothing like a little exercise to put a spring in your step and a smile on your face! Staying active keeps your heart strong, lifts your mood, and helps you feel your best. Plus, it's a great way to connect with neighbors and enjoy our beautiful community.

Moving your body does wonders — it gives you energy, eases stress, and can even help you sleep better. Whether you're splashing in the community pool, hitting the links, or just walking the Fountain Lakes Loop, every bit of movement counts. It's not about running marathons; it's about finding what feels good and having fun. Love a morning walk? Grab a neighbor and explore our sidewalks together. Feeling adventurous? New to pickleball stop by the courts lessons are available. The pool is perfect for a refreshing swim or a round of water aerobics, too. Whatever you choose, you're investing in a healthier, happier you — and maybe making a new friend along the way!

Start small — even 20 minutes a day makes a difference. Pick something you enjoy, and don't forget sunscreen, especially under our Florida sun. Be sure to check the bulletin board by the billiards room and the Fountain Lakes website for upcoming fitness and social events.

Let's make the most of our vibrant community and get moving together!

Be mindful when gardening!!!!



A 4-foot rattlesnake was recently caught in our neighborhood. Please be cautious when gardening or spending time outdoors. We share this area with many kinds of wildlife, including snakes and other reptiles. Keeping your garage doors closed and being aware of your surroundings helps prevent any unwanted visitors. Let's stay safe and mindful while enjoying our beautiful community.

Pegasus has announced the retirement of our office manager Sherri Kurlas-Schalk effecting October 31, 2025- The board wishes Sherri well in her new adventures

October Board Highlights

The 2026 Budget has been approved. Copies have been emailed or mailed to all residents, with additional copies available in the office. Assessments for the Master Association will increase from \$350.00 to \$370.00 per quarter. The Board approved completing all three phases of the swale reconstruction project in 2026, rather than spreading them over several years. This decision aims to alleviate the flooding that has occurred along FLBD. The total project cost for all phases combined is \$67,980—up from the original \$26,010 estimate for Phase 1 alone—resulting in overall savings of \$4,400.16 reserve monies were used not impacting the 2026 budget. Paradise Windows was selected as the lowest and most competitive bidder for the Community Center window and door replacement project, at \$121,867—well below the original budget of \$231,000. This project will be completed in 2026, ahead of schedule. Forest Ridge Shores has opted out of the lake grass remediation program, which may allow for additional spike rush removal from Lakes 1 and 2. Management will coordinate revised calculations with the contractor in accordance with Florida statutes

UNDERSTANDING OUR BUDGET AND FINANCIAL PLANNING

Careful budgeting and responsible spending are essential to ensuring that our association can meet its financial obligations, maintain and enhance the beauty of our community, and continue offering the recreational and entertainment opportunities that make Fountain Lakes such an enjoyable place to live. While it's important to maintain the quality of our community, we must also remain fiscally responsible. Staying within budget is critical. Rising costs must be managed carefully to minimize increases in HOA dues and, importantly, to avoid the need for special assessments.

To achieve this balance, our financial planning is guided by two primary budgets:

- The Operational Budget covers the community's day-to-day expenses—everything from landscaping and maintenance to utilities and management fees.
- The Reserve Budget is dedicated to future and larger-scale projects. It ensures we have funds set aside for major repairs and replacements, such as roofing, paving, or amenity upgrades.

In 2024, we conducted a Reserve Study to help guide our long-term financial planning.

This study included:

- A physical inspection of our common areas
- A financial analysis of our reserve fund
- A recommended funding plan to ensure adequate resources are available when major projects arise.

Our ultimate goal is to preserve and improve Fountain Lakes while maintaining a strong financial position—protecting both our property values and our residents' wallets.

Lori Smith

FLCA Treasurer



Breakfast



Event Details:

- **Date:** Saturday, December 13, 2025
- **Location:** Fountain Lakes Community Center, Estero, FL
- **Time:** 9:00 AM – 11:00 AM
- **Admission:** Free for all ages
- **Registration is required by December 1st at the Fountain Lakes office**

Don't miss this festive morning of fun, food, and holiday magic!

Thank you to Realty World J. Pavich Real Estate and Joe & Joni Pavich for making this event a holiday highlight year after year

2025/2026 SPORT SEASON

LADIES GOLF@MONDAY STARTS 8:45 1/5/2026

NO NEED TO SIGN UP COME OUT TO PLAY

KATE LEWIS 416.886.6942

KATEMLEWIS44@GMAIL.COM

MELISSA LAFAYETTE 802.318.0211

PAM DIONISE 925.584.1387

MENS GOLF TUESDAYS 8:45

PRACTICE ROUND 1/6/2026

LEAGUE STARTS 1/13

JOE REED 717.575.3868

fbina239joer14@yahoo.com



GUYS AND GALS SCRAMBLE@THURSDAY 8:45

NOV 6 AND 20

DEC 11

JAN 8 AND 22

FEB 5 AND 19

MARCH 5 AND 19

APRIL 2

SIGN UP BY BILLIARDS ROOM

PAM DIONISE 925.584.1387

PDIONISE@COMCAST.NET

LINKSTERS W/LUNCH

THURSDAY 8:45

NOV 13

DEC 4 AND 18

JAN 15 AND 29

FEB 12 AND 26

MAR 12 AND 26

APRIL 9

DIANE MOULTON 508.916.1943

DMOULTON87@YAHOO.COM

BILLARDS LEAGUE @TUESDAY 3 PM

LEAGUE STARTS 1/6



ALL WELCOME OPEN PLAY@ THURSDAY 5 PM

REGIS SEXTON 248.974.5849

REGIS200IRG@YAHOO.COM

LADIES OPEN PLAY@ WEDNESDAY'S 4 PM

Janet-jsh.flca@gmail.com

SHUFFLEBOARD WEDNESDAY STARTS 8:45

1/7/2026

MARY CAREY 508.776.4132

MARYACAREYI@GMAIL.COM



BOCCE FRIDAY (4 ON 4) STARTS 9:00 AM

1/9/2026

WEDNESDAYS (2 ON 2) 10:30 AM 1/7/2026

RON KADEY 315.427.7079

RKADEY@YAHOO.COM



PICKLEBALL EVERYDAY 8:00AM-NOON

OPEN PLAY ROTATION

TJ PARISI 781.603.2222

PARISILAND@GMAIL.COM



CORN HOLE WEDNESDAY 2 PM

MIKE DERNFELD 219-545-3278



NIGHT GOLF

11/12/2025 Wednesday 6:45 pm *FULL*

01/14/2026 Wednesday 6:45 pm

02/11/2026 Wednesday 6:45 pm

03/11/2026 Wednesday 6:45 pm

spots are limited cost is \$10.00 per player

if you are interested please email Joe

Ballerine @ jaballe166@gmail.com

all proceeds go towards golf course

improvements



CRAFT FAIR 2/21/2026

please contact gene csonka

csonka117@gmail.com

9am-noon



Water Aerobics - Community Pool

Tuesday & Thursday 8 am

Thelma@johnandthelma.com

Year-Round Sewing Club

Community Center Monday 9:00 am

Rita Hoke 239 947-4508

Paint Classes

Villas of Fountain Lakes Screen Room

Monday 1:00 - 3:00

Judy Ladd studio266@aol.com



Social Committee Events for 2026

The Social Committee welcomes new volunteers, Contact Diana for information.

Chairperson: Diana Baily

Moma2Lulu@yahoo.com

Winter Wonderland - January 17

Dress Your Favorite Era - February 7

Under the Sea - March 14

Farewell Fiesta - April 11

F. L. O. P.

3/13/2026

Save the date



Koreshan State Park, A Local Park and Former Cult, but so much more.

By: Benjamin Robinson

Ben lives with his parents Donna & John in the Seabreeze neighborhood



The Koreshan people, led by Dr. Cyrus Teed, believed in Koreshanity. The beliefs of this alternative, seemingly Christian denomination are vast. They range from abstinence to equality, in a time when the latter was foreign to many. Koreshan State Park is much more than acres of wild Florida, preserved historical buildings, and a boat ramp. Inside the gates of Koreshan is a story of pioneers who made Estero what it is today. We need not only focus our attention on the past but also the present. Many of our fellow citizens find refuge within today's Eden, a place where nature presides and reigns.

Looking back to the 1800s, a young Cyrus Teed is practicing eclectic medicine. This alternative, more homeopathic form of medicine believed in natural healing rather than pharmaceutical trysts. However, this practice came with scrutiny and hesitancy from other professionals within the medical field. This separation from the norm became quite common for Dr. Teed. Born in 1839 in New York, Cyrus's family had hoped that he would become a Baptist preacher, like his grandfather. It is safe to say that this familial expectation would not come to pass. Dr. Teed was married and had a son. His son would go on to travel throughout Europe, painting what he saw. Within the Art Hall today, there are multiple paintings completed by Dr. Teed's son. Also within the Art Hall sits a piano, one of few in existence due to its number of keys; it is still playable. Dr. Teed died in 1908. His followers believed he would rise, and so they waited several days before finally burying him. He was then buried on Estero Island, and after a hurricane, his body was washed away to sea. The Koreshan Unity began to slim down in membership over the following years, no doubt fueled by the disappointment of their Prophet not rising as he promised. In the mid-1900s, Hedwig Michel joined the Koreshan people. She was from Germany and Jewish. She would later receive reparations from Germany. Hedwig would go on to lobby the state of Florida to make Koreshan a state park, to preserve it and its history. She also helped the community reclaim some of its former glory through businesses, publicity, and the continuation of publishing *The Flaming Sword* (a Koreshan-led article that was in existence from the 1890s to the mid-1900s).

Some of the other buildings located on the property are the Planetary Court, which housed the women who ran the Koreshan Unity (the name of the Koreshan commune before becoming a state park). There is also the Founder's House, where Cyrus Teed lived. The General Store also remains, though it is not open to the public; it can be seen from Highway 41. There is also the bakery, cottages, and even some of the larger machinery utilized by the Koreshans. Moving on, Koreshan State Park also offers trails lined with bamboo forests that have been carved into by those pairing their initials together.

Koreshan State Park is not only a living monument to the past and the history of Estero but also a basin of nature that welcomes both exploration and education of the natural world.